

<u>Diagnostic Test</u>	<u>Before Examination</u>	<u>Explanation of Exam</u>	<u>Length of Test</u>	<u>Care After Exam</u>
<u>CT Prep:</u>				
<u>Head</u>	<p>Avoid wearing metal objects in the hair e.g. hair pins, barrettes <u>Uninfused:</u> No preparation is necessary <u>Infused:</u> Nothing to eat or drink for 4 hours prior to the test. On the day of your scan, medications may be taken with a few sips of water. (Discuss with your doctor if you are diabetic or if your medication is to be taken with food).</p> <p>*Please remove all body piercings and avoid wearing metal objects in hair and clothing.</p>		½ hour	
<u>Abdomen</u>	<p>It is preferable to wear clothing with no buttons, zippers, or snaps Fast 4 hours prior to test. On the day of your scan, medications may be taken with a few sips of water. (Discuss with your doctor if you are diabetic or if your medication is to be taken with food).</p> <p>*Please remove all body piercings and avoid wearing metal objects in hair and clothing.</p>		½ hour - hour	
<u>Pelvis, Chest, or Spine</u>	<p>It is preferable to wear clothing with no buttons, zippers, or snaps <u>Uninfused:</u> No preparation is necessary. <u>Infused:</u> Fast 4 hours prior to test. On the day of your scan, medications may be taken with a few sips of water. (Discuss with your doctor if you are diabetic or if your medication is to be taken with food).</p> <p>*Please remove all body piercings and avoid wearing metal objects in hair and clothing.</p>		½ hour to hour	
<u>Biopsy or Drainage</u>	<p>Do not have anything to eat or drink for 4 hours before the procedure. On the day of your scan, medications may be taken with a few sips of water. (Discuss with your doctor if you are diabetic or if your medication is to be taken with food). Recent blood work from your doctor such as PT, PTT, CBC with platelets, INR is required.</p> <p>*Please remove all body piercings and avoid wearing metal objects in hair and clothing.</p>		1-2 hours	Patients may be kept for observation for up to 4 hours after this procedure
<u>Radiology and Fluoro Prep:</u>				

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<u>E, S, D</u>	<p>You should not eat, drink, smoke or chew gum after midnight.</p> <p>Do not take any medications the day of the exam until after the examination is complete. Bring your medications with you in their labeled containers.</p>		1 hour	
<u>Small Bowel Series</u>	<p>To fully empty your bowels, take a laxative such as Senekot or Go-Lytely, at 4:00p.m. the evening before the examination. Please discuss with your doctor or pharmacist about which laxative is best for you</p> <p>You should not eat, drink or chew gum after midnight. Your medications may be taken with a few sips of water. If you are diabetic or if your medications are to be taken with food, please check with your doctor. Do not take any medications the day of the exam until after the examination is complete. Bring your medications with you in their labeled containers.</p> <p>You should not smoke or chew gum the morning of the test.</p>		1-4 hours	
<u>E,S,D and Small Bowel Series (combined)</u>	<p>To fully empty your bowels, take a laxative such as Senekot or Go-Lytely, at 4:00p.m. the evening before the examination. Please discuss with your doctor or pharmacist about which laxative is best for you</p> <p>You should not eat, drink or chew gum after midnight. Your medications may be taken with a few sips of water. If you are diabetic or if your medications are to be taken with food, please check with your doctor. Do not take any medications the day of the exam until after the examination is complete. Bring your medications with you in their labeled containers.</p> <p>You should not smoke or chew gum the morning of the test.</p>		1-4 hours	
<u>Barium Enema</u>	<p>The day before the exam: Starting with breakfast, you should have a clear fluid diet. <u>Clear fluids</u> include: - Strained juices, water, carbonated beverages, Kool-aid, Gatorade, clear coffee and tea - Clear broth soups, bouillon, or consommé - Jello without added fruit - Small amounts of sugar and hard candies - “Ensure” or “Boost” because it is high in calories and low in bulk. You can buy it at most drug or grocery stores.</p> <p>If you are not on a fluid restricted diet - to keep you from becoming dehydrated, we suggest you try to drink an 8 ounce (250 ml) glass of clear liquid each hour from 11:00 a.m. until 10:00 p.m. At 12:00 noon, drink 60 ml Castor oil (Emulsified form may be mixed with 125-250 ml (4 to 8 ounces) of milk, water, juice, or soft drink). At 5:00 p.m., drink 70 ml Senekot Liquid (available at any pharmacy)</p> <p>The day of the test: You may have clear fluids until 4 hours before your test. After that, you must have nothing to eat or drink.</p> <p>Note: Colostomy patients should ask their doctor what type of product to use to clean out your bowels. On the day of the test, please bring an extra colostomy bag to use after the test is done.</p>		1 hour	

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<u>IVP</u>	<p>To fully empty your bowels, take a laxative such as Senekot or Go-Lytely, at 4:00p.m. the evening before the examination. Please discuss with your doctor or pharmacist about which laxative is best for you</p> <p>Nothing to eat or drink after midnight. Medications may be taken with a few sips of water. Check with your doctor if your medication is to be taken with food. Diabetic patients please note: If you are insulin dependent, please take your insulin and eat breakfast as required. If you are taking "metformin", please inform the technologist.</p> <p>If the laxative has not been effective, please do not come in; but phone for another appointment.</p> <p>*Please remove all body piercings and avoid wearing metal objects in hair and clothing.</p>		1-2 hours	
<u>Arthrography/Joint Injections and Aspirations</u>	Discontinue blood thinners for 48 hours prior to the procedure.		1 hour	
<u>AV Fistulogram/Venograms</u>	<p>Nothing to eat or drink for 4 hours prior to the appointment.</p> <p>On the day of your scan, medications may be taken with a few sips of water. (Check with your doctor if you are diabetic or if your medication is to be taken with food).</p> <p>Please bring all medications you take during the day in their labeled containers. If you have any questions about your medicines, please ask your doctor or nurse.</p>		1 hour	
<u>Linogram</u>	No preparation		1 hour	
<u>Ultrasound</u>				
<u>Breast Biopsy</u>	<p>You may eat and drink prior to this exam</p> <p>Wear a comfortable supportive bra to the exam. Do not take the following medications before biopsy:</p> <ul style="list-style-type: none"> • Aspirin and blood thinners should be stopped 7 days before the exam. • Advil/Ibuprofen or Voltaren should be stopped 24 hours before exam. • Naproxen should be stopped 72 hour before exam • Herbal Supplements should be stopped 7 days before exam 	Small needle will be inserted into the breast lesion. A small sample of the tissue will be taken and sent to be analyzed	Test should take between 1 and 1 ½ hours	<ul style="list-style-type: none"> • Apply ice for 20 min. every hour for 4 to 6 hours. • Return to normal activity and exercise after 2 days. • Do not soak in bath or pool for 2 days. • Tylenol can be taken for pain. • If there are any signs of infection or bleeding into the bandage notify

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				your physician.
<u>Abdominal:</u>	Nothing to eat or drink for 6 hours	An ultrasound is a test that uses sound waves to look inside your body. A picture of what is being viewed shows on a TV screen. The room will be quite dark with only a night light on. First, the technologist will put some warm jelly over the part of the body that the doctor wants to see. Then, he or she will move a smooth wand over that part of the body.	Test should be completed in ½ hour	No special care after exam. Your doctor will tell you the results of the test at your appointment.
<u>Renal/Kidney Ultrasound</u>	Should have nothing to eat or drink for 6 hours before the test	An ultrasound is a test that uses sound waves to look inside your body. A picture of what is being viewed shows on a TV screen. The room will be quite dark with only a night light on. First, the technologist will put some warm jelly over the part of the body that the doctor wants to see. Then, he or she will move a smooth wand over that part of the body.	Test should be completed in ½ hour	No special care after exam. Your doctor will tell you the results of the test at your appointment.
<u>Thyroid/Testicular Ultrasound</u>	No prep	An ultrasound is a test that uses sound waves to look inside your body. A picture of what is being viewed shows on a TV screen. The room will be quite dark with only a night light on. First, the technologist will put some warm jelly over the part of the body that the doctor wants to see. Then, he or she will move a smooth wand over that part of the	Test should be completed in ½ hour	No special care after exam. Your doctor will tell you the results of the test at your appointment.

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		body.		
<u>Female Pelvis:</u>	No Prep Prior to Exam	An ultrasound is a test that uses sound waves to look inside your body. First, the technologist will put some warm jelly over the part of the body that the doctor wants to see. Then, they will move a smooth wand the pelvis. Additionally, an internal ultrasound is performed to view structures like the endometrium and ovaries.	Test should be completed in less than one hour	No special care after exam. Your doctor will tell you the results of the test at your appointment.

Nuclear Medicine

Bone Scan	No prep	Injection of isotope made into the blood stream.	1 hour	
Biliary Scan	No not eat or drink 4 hours prior to exam	Injection of isotope made into the blood stream.	1-2 hours	
Lung Scan	No prep	Injection of isotope made into the blood stream.	1-2 hours	
MIBI scan	No caffeine products for 24 hours prior to exam Do not eat 8 hours before exam	Injection of isotope made into the blood stream.	1-2 hours	
Muga Scan	No prep	Injection of isotope made into the blood stream.	1-2 hours	